

IYC Newsletter

February Edition

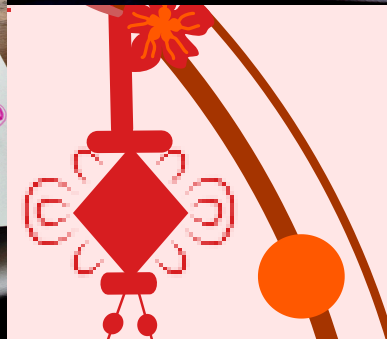
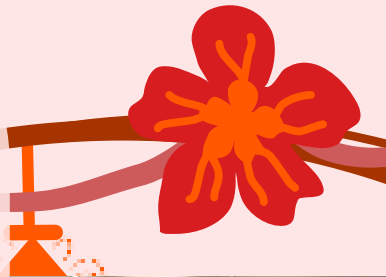
IMPACT :|| YOUTH CLUB

Valentine's Day & Birthday Cards for Seniors



As Valentine's Day came around, IYC members were able to share their love with the seniors at The Bristal! Through handwritten cards with lovely designs and messages, IYC was sure to provide the seniors their attention and care.

Additionally, IYC is still hosting the Cards for Seniors event, in which any member can make up to six birthday cards every month. If you are interested in participating, please check the Slack general channel for more information!





February Senior Center Concert



On February 4th, IYC visited The Bristol once again, hosting an outstanding concert! Six volunteers gave wonderful performances, and after the concert, we spent some time with the seniors to make homemade Lunar New Year crafts! The next concert is on Sunday, April 21, 2024, so if you are interested in performing for the seniors, make sure to sign up!



Worry Worms

Worry Worms

BY IMPACT YOUTH CLUB TAIWAN



Worry Worms is a project, a continuous success in the United States IYC team, donating crochet worms to people who need mental support.

OBJECTIVES

Give a companion to children, a worm they can talk to about their worries and be there with them.

JOB OPPORTUNITIES

Worry Worm donations will make their debut on **April 1st, 2024**, in the **NTU Children's Hospital**, where we donate worms to hospitalized children.



PVSA HOURS

First month: 5 worms/5 hours
Second month and after: 5 worms/6 hours
The maximum each month is 6 hours.



INTERESTED? CONTACT PROJECT LEADS:

AUDREY WU
audrey.wu@impact-usa.org

EILEEN CHEN
eileen.chen@impact-usa.org

WORRY WORMS



Project leads: Audrey & Eileen

Quick updates:

- Finished info sheet
- Donation to NTU on 4/1



Sign up in the google sheets!



Worry Worms

Project Leader: Zoe

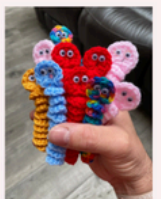
Join us in crocheting Worry Worms at home!
Your creations will go to children's hospitals and senior centers to help ease the worry of others.



WORRY WORMS AT HOME

JOIN US IN MAKING WORRY WORMS THAT WILL BE DISTRIBUTED TO SENIOR CENTERS AND CHILDREN'S HOSPITALS

DROP OFF: PO BOX 4115, WARREN, NJ, 07059



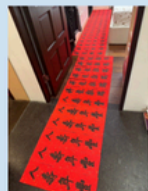
All info in the QR Code form

February All-Member Meeting

Calligraphy Art Spring Couplets Gifting to Taiwan Fund for Children and Families (Jan 26th, 2024)-IYC Taiwan

Leads: Audrey Wu and Edward Lu

Highlights of Jan Event



On February 24th, IYC had an all-members meeting, consisting of members from New Jersey, California, and Taiwan! Together, we went over the many activities that were held, including updates on the growth of certain IYC events and updates to the IYC website changes for both New Jersey and Taiwan. At the end, there was a new member orientation, in which the leaders explained their past experiences in IYC and new members were introduced to our IYC family. Overall, the meeting was a great occasion for everyone to catch up on recent events.

I-Care Himalayan High Altitude Snow Village Sunglasses Donation Project- IYC Taiwan

Leads: Edward Lu and Ethan Huang

We comprehend the prevalence of high-altitude environment, resulting in ocular diseases such as high-altitude retinopathy, photokeratitis, cataract and pterygium and dry eye disease.



J. Family Med Prim Care. 2023 Apr; 12(4): 660-665.

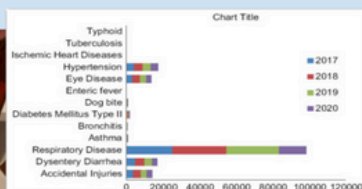
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PMCID: PMC10259537 | PMID: [37312771](https://pubmed.ncbi.nlm.nih.gov/37312771/)

Recent public health concerns of the high-altitude tribal population of Lahaul and Spiti, Himachal Pradesh

Tanuja Mishra,¹ Shweta Goswami,² Hirawati Deval,³ Banjit Vaid,⁴ and Rajni Kant⁵



Podcast Start (February & March)

Leads: Jacob and Aiden

We will be thinking about restarting the IYC Podcast from 2022. We will be beginning with **Zach Hauler**, a trainer at Lifetime Fitness. We will try to secure an interview in a podcast room on a Sunday or Saturday in January.

- Met with Zach 2/23
- Script is almost done
- 3/15 is tentatively scheduled

Sign Up Link:

<https://forms.gle/6QZp5uxWQr3d9bMAA>



SUSTAINABLE DEVELOPMENT GOALS
17 GOALS TO TRANSFORM OUR WORLD



New Year Charity Concert at Fu Jen Catholic University Hospital



Presidio Habitat Stewards



The purpose of this volunteer project is to help revive damaged ecosystems and preserve the natural areas in the Presidio of San Francisco. Volunteer activities include weeding, watering, mulching and planting every Saturday morning.



Origidgets for UCSF Benioff Children's Hospital



In this project, volunteers will create handmade fidget toys for hospital patients and the Benioff Hospital in San Francisco. Each donation package consists of 30 fidget toys made out of paper origami. These origami fidget toys are a great way for young patients at the hospital to relieve anxiety and stress. Each ready-made Origidget comes with detailed instructions on the package on how to fidget with them.

